

## How to get the most from your Professional Network

### **Step 1: What is networking?**

- communication with and within a group (google)
- the art of building alliances ([www.rileyguide.com](http://www.rileyguide.com))
- a common synonym for developing and maintaining contacts and personal connections with a variety of people who might be helpful to you and your career. ([about.com](http://about.com))

### **Step 2: How do you define your professional network?**

- Friends
- Family
- Coworkers
- Previous Coworkers
- Previous Bosses
- Other people who know you in a professional capacity

### **Step 3: How do you utilize your network?**

### **Step 4: What NOT to do!**